

# Richard Wheeler – GBR.DTO-0149

Captain: \_\_\_\_\_ Call sign: \_\_\_\_\_ Date: \_\_\_\_\_  
 W/V: \_\_\_\_\_/\_\_\_\_\_ Tach time start: \_\_\_\_\_ Brakes off: \_\_\_\_\_: \_\_\_\_\_  
 TAS/RPM/litres per hour: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ Airborne: \_\_\_\_\_: \_\_\_\_\_  
 Total distance: \_\_\_\_\_ Land: \_\_\_\_\_: \_\_\_\_\_  
 Total time: \_\_\_\_\_ Tach time end: \_\_\_\_\_ Brakes on: \_\_\_\_\_: \_\_\_\_\_  
 Departure route/clearance Join information Runway Circuit QFE QNH

NOTAMS: AIS 08085 354802 Stage mins Litres  
 Departure weather: Enroute : :  
 Alternate weather: Taxi, Take-off, climb: : :  
 Forecast W/V @ 2000 ft: W/V @ 5000 ft: Alternate : :  
 Reserve : 45 :  
 Margin : :  
 Fuel at take-off : :

Waypoint	MSA	Cruise	Trk °T	Hdg °T	Hdg °M	Dist	GS	Time	ETA	ATA	Fuel
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Destination airfield sketch

Station	FREQ
Goodwood Information	122.455
Lee Information	118.930
Farnborough VFR traffic	133.440
Bournemouth Radar 0011	119.475
Solent Radar 7011	120.230
Farnborough (West) 4572	125.250
Glider Airfield Control	129.975
Bognor	129.980
Safetycom	135.480
Microlight Traffic	129.835
Microlight to Microlight	129.830
Shoreham Approach	123.155
London Centre	121.500